

Sewing Machine Operator - Knits

Sample Paper

Training Provider		Training Center	
Center SPOC		Batch Id	
Center SPOC Contact No		Assessment date	
Candidate Name		Trainer Name	
Candidate Contact No		Trainer Contact No	
Candidate Signature		Trainer Signature	

Q1. Before starting sewing operations, an operator should first:

- a) Increase machine speed
- b) Review the production plan and specifications
- c) Pack finished garments
- d) Switch off the machine

Q2 Why is fabric inspection important before sewing?

- a) To increase fabric weight
- b) To identify defects and ensure quality
- c) To reduce machine speed
- d) To change garment design

Q3. Which document provides sewing instructions and specifications?

- a) Production plan/tech pack
- b) Attendance register
- c) Wage sheet
- d) Purchase order

Q4. Proper preparation of materials helps to:

- a) Increase defects
- b) Delay production
- c) Improve productivity and quality
- d) Waste resources

Q5. Which machine is commonly used for stitching knitted fabrics?

- a) Overlock machine
- b) Drilling machine
- c) Grinding machine
- d) Cutting machine

Q6. Correct thread tension helps to:

- a) Create balanced stitches
- b) Damage fabric
- c) Break needles
- d) Increase defects

Q7. A skipped stitch is usually caused by:

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|----------------------------|----------------------------|
| a) Correct machine setting | b) Damaged or wrong needle |
| c) Proper maintenance | d) Balanced tension |

Q8. During sewing, operators should:

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| a) Follow the approved stitching sequence | b) Ignore specifications |
| c) Change measurements randomly | d) Skip quality checks |

Q9. What type of fabric does a Sewing Machine Operator – Knits mainly work with?

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| a) Wood | b) Metal sheets |
| c) Knit fabric | d) Glass |

Q10 Why is an overlock stitch preferred for knit fabrics?

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| a) It changes the fabric color. | b) It makes the fabric thicker. |
| c) It reduces the garment size. | d) It provides stretch and prevents fabric edges from fraying. |

Q11. Which machine is commonly used for hemming T-shirts?

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| a) Flatlock/Coverstitch machine | b) Circular saw |
| c) Heat press only | d) Button machine |

Q12. Which needle is generally suitable for knit fabrics?

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| a) Masonry drill bit | b) Flat screwdriver |
| c) Chisel | d) Ballpoint needle |

Q13. Damaged tools should be:

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| a) Used carefully | b) Hidden |
| c) Reported and repaired/replaced | d) Shared with others |

Q14. Which skill is essential for a Sewing Machine Operator – Knits?

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| a) Driving heavy vehicles | b) Hand-eye coordination and attention to detail |
| c) Plumbing | d) Carpentry |

Q15. What is the purpose of trimming loose threads?

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| a) Increase garment weight | b) Reduce fabric strength |
| c) Improve garment appearance and quality | d) Change garment color |

Q16. Why is regular machine cleaning necessary?

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| a) To change stitch design | b) To increase fabric thickness |
| c) To reduce garment size | d) To maintain smooth operation and stitching quality |

Q17. Which operation is commonly performed on sleeve hems of T-shirts?

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| a) Cover stitching | b) Cutting |
| c) Embossing | d) Printing |

Q18. Effective communication helps to:

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| a) Improve teamwork | b) Create misunderstandings |
| c) Reduce productivity | d) Increase conflicts |

Q19. What should an operator do if the machine makes unusual noise?

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| a) Increase the speed | b) Continue working |
| c) Ignore the problem | d) Stop the machine and inform the supervisor or mechanic |

Q20. Which practice helps achieve production targets?

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| a) Ignoring quality checks | b) Using damaged needles |
| c) Following standard operating procedures while maintaining quality | d) Skipping machine maintenance |