

Beauty Therapist

Sample Paper

Training Provider		Training Center	
Center SPOC		Batch Id	
Center SPOC Contact No		Assessment date	
Candidate Name		Trainer Name	
Candidate Contact No		Trainer Contact No	
Candidate Signature		Trainer Signature	

Q1. Which waste must be segregated separately?

- a) Hazardous waste
- b) Paper only
- c) Water
- d) Towels

Q2. Which process removes dead skin cells?

- a) Exfoliation
- b) Threading
- c) Waxing
- d) Toning

Q3. Which skin type produces excess oil?

- a) Dry
- b) Normal
- c) Oily
- d) Sensitive

Q4. What should be conducted 24 hours before an AHA peel?

- a) Patch test
- b) Massage
- c) Threading
- d) Waxing

Q5. Which SPF is recommended after an AHA peel?

- a) SPF 10
- b) SPF 15
- c) SPF 20
- d) SPF 30+

Q6. What is applied before waxing to absorb moisture?

- a) Pre-wax powder
- b) Lip balm
- c) Foundation
- d) Gel

Q.7 Wax should be applied in which direction?

- a) Against hair growth
- b) Direction of hair growth
- c) Circular
- d) Random

Q8. What is applied after waxing to reduce irritation?

- a) Post-wax lotion
- b) Hair spray
- c) Mascara
- d) Powder only

Q9. What is the first step before makeup application?

- a) Cleanse, tone, moisturize
- b) Lipstick
- c) Mascara
- d) Blush

Q10. Which technique helps define facial structure?

- a) Contouring
- b) Threading
- c) Waxing
- d) Shaving

Q11. Why should client expectations be clarified before makeup?

- a) Meet desired outcome
- b) Save products
- c) Reduce time
- d) Increase cost

Q12. What is the purpose of a manicure?

- a) Hand and nail care
- b) Hair care
- c) Skin peel
- d) Massage only

Q13. Which tool is commonly used to shape nails?

- a) Nail file
- b) Spatula
- c) Comb
- d) Brush

Q14. Why must electrical equipment be used as per manufacturer instructions?

- a) Safety
- b) Decoration
- c) Noise
- d) Storage

Q15. What should be checked before using facial equipment?

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|------------------------|---------------------|
| a) Equipment condition | b) Client hairstyle |
| c) Music volume | d) Room color |

Q16. What is an important reception duty?

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| a) Waxing | b) Appointment scheduling |
| c) Facial massage | d) Threading |

Q17. Why are client records maintained?

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| a) Advertising | b) Decoration |
| c) Entertainment | d) Service tracking |

Q18. What helps prevent cross infection?

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| a) Sanitization | b) Sharing towels |
| c) Ignoring hygiene | d) Crowding |

Q19. Which behavior creates a positive impression?

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| a) Delay | b) Rudeness |
| c) Ignoring clients | d) Professional Communication |

Q20. What should be ensured throughout the service?

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|---------------------------------|------------------------|
| a) Fast Service Only | b) Silence only |
| c) Client comfort and wellbeing | d) Minimal interaction |